

## NEWS AND NOTES

### WHV CURRENT ACTIVITIES IN 2010

During our 2010 medical mission to Nigeria between 2-3,000 patients were successfully screened for diabetes and hypertension. We supplied over 5,000 free glucose strips and dozens of meters were donated to 3 hospitals in Nasarawa State. Many more would have benefited had we not been trapped in Jos during the riots during our second week. We were able to initially institute our VITAMIN A PROGRAM to help minimize the incidence of an eye disease called xerophthalmia- a leading cause of poor vision and childhood blindness. The program has a bright future and it is an area of specialization we would like to continue in years to come.

### GOVERNOR DOMA MAKES WHV PART OF HIS "13 POINT PLAN"

His Excellency Akwe Doma, the governor of Nassarawa State recently instituted a "13 Point Plan" to try and improve many aspects of life for the people of this poor state located in the heart of Nigeria. One aspect is a promise to improve health care. Governor Doma made known to all that the WHV team is a partial fulfillment of that promise. We were

all proud to be an active part of the program. Naturally, with elections coming up in 2011, this was a bit of a political move as well as a humanitarian one.

### OPEN HOUSE AT NUTRI-FARMACY RAISES FUNDS FOR WHV

Nugtri-farmacy, the natural medicine pharmacy owned by Dr. Dan, along with the new Wildwood Wellness Centre celebrated its 13th birthday with a huge 'open house' held on April 30th, 2010. WHV had an information booth at the day-long affair, and raised over \$200 for future WHV medical missions.

### WHV VOLUNTEERS SET UP A DIABETES SCREENING CLINIC IN ECUADOR

In April, 2010, WHV president Dr. Dan Wagner along with WHV volunteer Harlan Lahti from Canada, participated in a weekend long free diabetes screening clinic at the hospital located in Vilcabamba, Ecuador. Over 200 of the townspeople received a free screening along with donated diabetic vitamins and a limited amount of diabetic drugs.

You Can Help Too  
Help in our efforts to continue medical work in NIGERIA and ECUADOR

Your kindness and generous donations help to make possible our medical missions to Third World countries



World Health Vision is a non-profit organization for medical missions with tax exempt status under section 501(C) of the IRS code.

Tax ID: 23-2939579

[www.worldhealthvision.org](http://www.worldhealthvision.org)

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OR

Phone toll-free 1-877-289-7478

Please make check payable to::

**World Health Vision**

P.O.Box 238

Wildwood, PA 15091

**Thank you for your continued support !!!**

[www.worldhealthvision.org](http://www.worldhealthvision.org)



## SUMMER/FALL 2010

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World Health Vision (WHV)  
2506 Wildwood Rd., P.O. Box 238 Wildwood, PA 15091  
Tax ID: 23-2939579*

*The World Health Vision is a non-profit, charitable organization of various health-care professionals dedicated to improving the medical care of developing countries. WHV volunteers perform a number of services in Third World countries including screening, education, and treatment of diabetes, HIV, hypertension, eye diseases, and other afflictions. We are committed to furthering nutrition and a more natural and holistic approach to health care.*

### WHV President's Message AN HISTORIC TENTH TRIP BACK TO NIGERIA

The *World Health Vision* team returned from Nigeria, West Africa after a highly successful medical mission. This year's group consisted of two PharmDs and three RNs. The team did an excellent job and worked extremely hard. We screened approximately 4,000 patients (for diabetes and hypertension) in 4 locations in the central Nigerian states of Nasarawa and Plateau. The *WHV* team supplied many doses of free medicines, vitamins and other supplies to the poor and under-served people. We were able to leave behind at three hospitals 24 *Freestyle Lite* glucometers, with more than 10,000 extra strips, for the medical professionals to check their patients for diabetes after our team returned to the States.

His Excellency Aliyu Akwe Doma, the governor provided for our team safe travel, comfortable accommodations, and delicious Nigerian meals. The governor is campaigning for his 2011 re-election by promising the people a "13 point plan" to improve living conditions in his State. One of his main objectives is health care and he made clear (on television and radio) that the *WHV* team is an important part of fulfilling his promise of better health care for all. We were also warmly received by the Deputy Governor, the Chief of the village of Azara, the Andoma of Doma (a high religious cleric) and the Emir of Lafia. We were all given gifts and well wishes by these traditional leaders.

Our team worked extremely hard and everyone was very dedicated to fulfilling the purpose of the mission. We provided services to more people than we had expected and exhausted many of the medicines, supplements and supplies (we both shipped over and carried on the plane) sooner than expected. For the first time, we were able to offer a program for patients suffering from poor vision due to a Vitamin A deficiency. Our "Vitamin A Program" consisted of distributing supplements that may help prevent an eye condition called *xerophthalmia*. Many children (ages 6 months-6 years) in the Third World are in danger of having underdeveloped tear ducts simply because they do not receive adequate concentrations of Vitamin A- mainly a food deficiency. This underdevelopment can lead to abnormal dryness of the conjunctiva and cornea leading to poor vision and possibly blindness. Supplementing these babies and children (with the equivalent of 8 cents worth of Vitamin A in the form of Beta Carotene) can significantly reduce the risk.

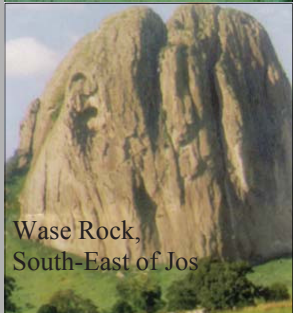
A special THANK YOU to the many people who donated so generously to our 2010 medical mission. We would appreciate any additional donations to help defray the enormous expenses of such a humanitarian undertaking. Your generosity can help us prepare for our next journey. The *WHV* continues to ship over packages of hypertension and diabetes medicines every month.

We are already making arrangements for our 2011 medical mission. Presidential elections taking place early in 2011 may delay or plans, so please keep abreast of our website for updated information.

Many Thanks and Remain Blessed,  
Dr. Dan  
WHV, PO Box 238, Wildwood, PA 15091

\*\* [www.worldhealthvision.org](http://www.worldhealthvision.org) \*\*

Kurra Falls,,  
South-East of Jos



Wase Rock,  
South-East of Jos

Riyom Rock (located along  
the Jos-Akwanga road)





**World Health Vision is a non-profit, charitable organization of various medical professionals and health-care practitioners who volunteer their services and expertise in developing countries. We help to educate, administer, and treat the poorest segments of the population in order to improve their overall health.**



Nigeria is an amazing and beautiful country. On this trip we were able to see much of the country and its people. To have the opportunity to actually sit down in a small village with the locals, look them in the eye and see their gratitude, is indescribable. As part of our trip we were able to see a four day old baby, as well as a withered old grandmother speaking a rare dialect which only one other person was able to interpret. During our first clinic I was overwhelmed by the need we saw. How can we possibly help all of these people? But as one of the local physicians said to me; just the fact that we made the effort to be there and try to help is huge to the local people and gives them hope. Traveling to Nigeria on this trip was definitely a life changing experience for me and I cannot wait to go back!  
Cameran

I feel very fortunate to have had the opportunity to serve the people of Nigeria through World Health Vision. The trip was an extremely rewarding and personal enriching experience. Our team was able to help thousands of people through education, screening and the dispensing of vitamins and medicines. While the days were long and tiring, the gratitude we received was immeasurable. It is wonderful to see how our efforts go such a long way in positively impacting people's lives. As a nurse, I am very humbled and honored to have served the people of Nigeria.



This was my first trip to a third world country, I found it very inspiring, after the initial culture shock. I learned to look past the environment and to connect to the people. That's why we were there. To teach and to help. And it was very rewarding to see the understanding in people's faces after instruction on their medical needs, to see the smiles when we walked into a clinic. I won't ever forget the wonderful people we met and I am honored that they let us into their lives, even for just a moment. They also taught us to understand their culture, religion and family dynamics. I enjoyed that part of the trip the most. I know that while we were there, we made a difference. And I feel good about that.  
Mickey

Bright shining eyes hopeful faces and the biggest smiles you will ever encounter greet you as you arrive in the remote Nigerian villages. The rewards of knowing you have made a difference in someone's life. You are the picture of hope, the good will ambassador. Serving others in desperate situations. Becoming a beacon into their darkness. Instilling into their hearts someone cares about you. These are just a few rewards of being a World Health Volunteer.

Donna



### JOS, A ONCE PEACEFUL CITY AMID CRISIS



Godstime is a medical laboratory science student in Jos Nigeria who got to meet Dr. Dan Wagner, while he along with three other students were averting the Jos crisis by travelling out to neighboring state in Abuja. At the JUTH casualty department, Dr. Dan and medical team helped to treat the emergency patients with staff. The medical director at JUTH and Dr. Dan also assisted the students who were on their way to the adjacent state to avoid the escalation of the crisis in Jos. Many saw this crisis as a massacre. The conflict over land among the inhabitants has lingered for decades; unfortunately in parts of Nigeria there have been reportedly sectarian and religious violence in the history of the region affecting the innocent victims and severely economically-deprived including women and children. It does not seem the issue was simply deeply-entrenched poverty. It was rather more complex than just that - abject poverty. In the aftermath, it was seen that the situation required constant monitoring by the Nigerian government to enable a peaceful environment for livelihoods to be restored. The following were the words from Godstime in a recent letter: *"...always remember us in prayer because after two weeks we came back to Jos behold another crisis started again and so many people lost their lives"* It is a heart-rending situation that none should ever witness, but surviving amid the crisis is always necessary. The innocent victims, those who lost their lives will always be remembered. There is an ongoing rebuilding of sites for the families, including many children affected by all the unnecessary crises who need support and relief materials. Godstime continued in his letter to WHV director Dr Dan: *"Sir, I want to say a big thank you for the kind gesture you rendered to four of us during the January Jos Crisis."*



Entrance to Jos University Teaching Hospital (JUTH) Nigeria Medical Mission 2010

Some Jos indigenes residing in the USA have been actively involved in the relief efforts by contributing food supplies and building materials to construct schools closer to the villages in Dogo-Na-Hawa. Currently, these children live in constant fear of being attacked when traveling to schools that are outside of their villages.

We support ongoing relief efforts in the interest of the victims and ask our friends and donors to help provide more medical supplies for the health care of crisis victims especially children in need. This is aside from the monthly donations of medical supplies of hypertension and diabetes medicines that we ship every month.

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**A special THANK YOU for your generous donations from many donors, friends and partners of the 2010 medical mission.**

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